

YOUR LOGO HERE ... OR USE LETTERHEAD

For Immediate Release

Contact: (111) 000-0000 name of local contact & your group's ph#

Sample Headline: Special Event Planned at Local Library
Local grief counselor to discuss abortion's impact on women, men and families.

Your City, State abbreviation (Month, 00, 2000) — [INCLUDE INFORMATION ABOUT YOUR EVENT, FOR EXAMPLE:] Nora Carter, a representative from the local Pregnancy Resource Center, will discuss the aftereffects of abortion. She will also present information about local resources and the healing process. The event will take place on Friday, day/date/year at the public library at 123 Main Street. Ms. Carter's presentation includes a five-minute video addressing all forms of pregnancy loss, ranging from spontaneous miscarriage to induced abortion. After Carter's talk there will be brief remarks from women who have participated in the center's outreach program. Participants will have an opportunity to ask questions of Carter and a panel of women who have found healing after abortion. Free educational materials will also be available.

[INCLUDE SUPPORTING QUOTE FROM LOCAL EXPERT OR GROUP LEADER]

"Every day, we talk with a number of women who struggle with the aftereffects of pregnancy loss, especially abortion," said Ms. Carter. "Many did not want the abortion and are experiencing significant clinical depression and trauma in its aftermath. Others have been dismissed by experts, family and friends and may resort to substance abuse and self-destructive behavior to cope. They need to know they are not alone in what they have experienced and in what they are feeling. They need to know that healing is possible."

Materials will include fact sheets about widespread unwanted or coerced abortions, which can magnify post-abortion suffering, as well as facts about the significant risks and aftereffects of abortion.

"A growing number of studies verify that abortion is linked to elevated rates of psychological distress," Carter added. "Any pregnancy loss is a significant event that requires a unique grieving process."

Many experts who study pregnancy loss — especially abortion — have said that more research needs to be done. They note that a major longitudinal study of abortion complications, which was recommended by then-Surgeon General C. Everett Koop in 1988, has still never been done.

"Americans deserve accurate information," said Dr. David Reardon, director of the Elliot Institute, a leader in post-abortion research, education and outreach. "Dr. Koop properly identified the way in which data could be gathered to examine all interactions between women's physical and mental health, including not only reactions to abortion, but also to study PMS, postpartum depression, menopause, and more.

"The only reason we don't have better answers today is because his research recommendation was rejected in Congress," said Reardon. "The political battle over abortion has blocked good federally funded research in this area."

[ADD SHORT SUMMARY PARAGRAPH ABOUT YOUR GROUP OR ORGANIZATION. FOR EXAMPLE:]

The Caring-Heart Pregnancy Outreach Center was founded by Ms. Carter in 1979 to assist women and families in need of housing, financial referrals, friendship and support or other assistance. The Center provides telephone counseling, in-person counseling or referrals, on-site emergency housing and weekend retreats beginning on the third Saturday of each month. The Center is located at 111 Main Street and is open from 9 a.m. to 9 p.m. Mon. - Sat. with an emergency hotline answered 24/7, (111) 111-1111

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finish with 3 # symbols or "end" ...

If the releases is 2 pages (longer releases not recommended), add "more" at the end of first page

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